

QC

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Cookbook gives tips on reducing food waste and saving money **P. 10**

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Autopilot has its own hard-to-define sound and fans love it **P. 21**

WIDER DANCE HORIZONS

ROBIN POITRAS HAS BEEN
A BODY IN MOTION
SINCE CHILDHOOD **P. 4**



FREE

IN THE CITY

MAY 23, 2015 — 2:28 P.M.

En garde



Jocelyn Reddon tries fencing during the Caribou Village Arts Festival street fair held along 13th Avenue in Reine last weekend. GC PHOTO BY KIMMIL HILL.

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ON THE COVER P. 4



Helen Thomas, a critic, director of New York's now-closed, which she co-photos in 1986. Her produced photos began to be leading in the press. (AP Photo/Steve Delaney)

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Calvin Peter Marion (left) and Jon A. Funnell (right) of Saskatchewan-based band Autopilot are set to go on tour to promote their latest album. SUPPLIED PHOTO

QC COVER PHOTO BY DON HEALY

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ON THE COVER

I always wanted to dance.

— Robin Poitras

NEW DANCE HORIZONS

Nature inspires Poitras's dance creations

By Ashley Martin

Robin Poitras first danced as a child on her front lawn.

She looked up her feet alongside her siblings and other children from the neighbourhood, practicing Scott Tobi folk dancing. Sometimes her dad, Clifford Wiens, would provide the soundtrack, playing fiddle or mandolin.

When she was seven, Poitras started playing cello, most often barrelfoot. Forced to remain still beyond the wooden instrument, she'd choreograph dances in her head as she bowed the Bach suites. Once she finished one of the six compositions, she'd dance and imagine the music in her head.

"I always wanted to dance," said Poitras, the artistic director and co-founder of New Dance Horizons, tapping her red-shod toes to maddish music. "I'm physical. I like to move. I'm not a person that sits still."

Her favourite setting for dancing has always been outdoors — that's reflected in NDH's six winter ice and fire carnivals and its 18 summer Secret Gardens Tours. In the company's early years, when performance space was expensive and hard to come by, dancing in nature was an easy solution.

"I've danced more outside than I've danced inside in my life. There's no question," said Poitras.

Dance connects her to nature; nature (among other things) inspires dance. Poitras doesn't discuss one without mentioning the other.

Dance is a lens through which to examine questions of gender, quantum, nature, nature of the universe," she said.

And questions of the Internet.

Poitras has been intrigued by so many ways nature connects — looking up internally at the bones of the body and mind and relating them to external movement.

"Sometimes really try to integrate the deep and vast internal knowledge with the external," said Poitras.



Robin Poitras is artistic director of New Dance Horizons. She co-founded the company in 1986. GC PHOTO BY BOB WATZ

In that spirit, she talks about dance as sustainability, ecology, nature, history, humanity. But ultimately it's nature.

"She's so sensitive to the arts in general, and she's having so many ideas it's just like a firework; it's one thing after the other," said Paul Andre Fortier, a longtime colleague from Montreal. "The way she deals

with all these concepts is very her; very personal. She's doing her dances in the gardens she's working on many rainy levels at the same time."

Arts and nature may well be in Poitras's DNA.

Her parents, Clifford and Patricia Wiens, were passionate about both. Clifford, an architect, grew up on a

farm in southeast Saskatchewan. Poitras, a poetess, was an avid gardener. They installed a love of nature and the arts in Robin, their second of six children.

They'd visit art galleries. They'd attend performances. They'd play music and dance.

"That's really how my entire life," said Poitras.

♦ ♦ ♦ ♦

Her passion for movement led her to Toronto, where she trained at York University as a dance therapist. Coming home in the summers, Poitras worked as a playground supervisor and performed with Regina Modern Dance Works, which folded in 1985.

I think that she did manage through her presentations, both as a presenter and as a creator, to build an audience for dance in Regina, which is an enormous task and quite an accomplishment. — Paul-André Fortier

Her interest in therapy progressed into dance education and then into creation.

When she finished school and moved back to Regina in the early 1990s, Fortier met and fell in love with her soon-to-be husband Edward Fortier, and she stayed home.

"It's been my life's work, developing a centre for dance in Regina, and it's a little bit like growing a garden," said Robin Fortier. "It's seasonal, it's organic. It demands a constant awareness of the world around you. From the natural world to the imaginative world."

She co-founded Nine Dance: Harbours in 1996 with Denise Fraser after they had met through Dance Works in the early years. "It was like we were married," said Fraser. "We worked long hours every day seven days a week. We ran it out of our homes and we were on the phone all day together as we weren't together

(in person) and it was very intense. It was a lot of work but it was a lot fun."

They occasionally needed three streets to the company, said Fortier. A preschool series to showcase other dancers' work — which Fraser said was always going to start, as a few students choreographers thought they were too big to present in Regina, and a teaching series — not a permanent school of dance, but workshops and summer schools.

Their own creations were through NDI's production work, including To day it's called Rouge Gorge — French for robin.

"I think there's a certain maturity we reach at 30 and I'm approaching 60 so Nine Dance has been, at this point, more than half of my life," said Fortier. It marks the company's 20th return.

In three decades, NDI has built an audience for dance in Regina.

Continued on Page 6



Robin Fortier performs at last year's Ask of March for Play for Life at the Cornwall Centre. (PHOTOGRAPH BY DONALD)

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I think people were kind of surprised. It's probably not your usual dance audience because they hadn't gone out and bought a ticket; they just kind of didn't even know what they were seeing probably. — Dianne Fraser

In his performances here, Poirier has been impressed with the audience's quality.

"I think that she did manage through her presentations, both as a presenter and as a creator to build an audience for dance in Regina, which is an enormous task and quite an accomplishment," he said. "I think that she is a key figure in ... the fact that there is an audience now for contemporary dance in Saskatchewan."

All that said, "You can only do so many shows in Regina," said Poirier, who has travelled internationally to perform. "Dance grows through the experience of being seen."

She stayed in Regina because "I was building something here. Dianne and I started something here and it felt right. There were times when you get the pull to go away but I was fortunate that there was enough going on here in the arts world ... an incredibly rich cultural community."

First Nations culture has a lot to do with that. Going to someone such as Poirier is "like going to an international dance festival."

NDR hosts Meis playing and this summer will present hoop dancing.

"A people have carried these deep, deep traditions so far and through so much struggle and it survived and it's strong, and it's vibrant and it's a real gift to be here," said Poirier.

In Saskatchewan, "You're excited! ... You don't have to leave."

♦ ♦ ♦ ♦

Part of that nourishment is thanks to NDR.

Fraser and Poirier worked 60-hour weeks in the early years.

Their first big gig was during Buffalo Days before officially starting the company.

They performed four ultravisual shows each day during the celebration in two different stages, one in Confederation Park, the other on a barge.

It was quite a beginning," said Fraser, who left NDR in 1989. "It

just goes to show, like when else can you perform modern dance? You could have the greatest dance piece in the world, but what are you going to do with it? You need a theatre, you need somewhere to perform it."

Between setup, take-down and running their own sound, Fraser and Poirier danced in long black gowns, tulle, strapless party dresses and sea-green chevron-chained, married cattle. Their pieces were inspired by poetry and music, with props including books and chairs.

Fraser remembers a positive, albeit confused, audience reaction.

"I think people were kind of surprised," she said. "It's probably not your usual dance audience because they hadn't gone out and bought a ticket; they just kind of didn't even know what they were seeing probably."

NDR's first season featured four shows, including two by out-of-province guest artists.

Terrill Mapson of Toronto choreographed a show at the Scherbel House. Montreal dancer Marie Chouinard performed. As a novice choreographer, Chouinard also designed a duet for Fraser and Poirier.

♦ ♦ ♦ ♦

Building a contemporary dance audience in Regina wasn't always easy.

Dance can be intimidating. It's often non-verbal. People perceive modern dance as complex and laden with meaning, mysterious and beyond understanding.

"I hear this a lot, 'Well, I don't get it.' And I'm like, 'There's nothing to get,'" said Poirier. "When you go watch the (concert) ... do you get it? It's abstract."

"For myself I'm quite happy to watch a piece ... I'm never concerned about getting it or not."

"I think people got a little bit confused because of the bodies," said Fraser. "As soon as you see a body you think there has to be a story. Sometimes it has to be a dance. There's a woman there, it can't just be abstract."



Dianne Fraser (left) and Helen Poirier of New Dance Horizons perform their piece *Ensemble Change Piece*, inspired by the poetry of "We" for First inclusion © 1986. QC FILE PHOTO BY BOB JAMES.

I think there's a certain maturity we reach at 30 and I'm approaching 60 so New Dance has been, at this point, more than half of my life — Porteus

Porteus says the floor is changing for a few reasons. People are more comfortable with different music views and less afraid of the body. Popular media has embraced dance.

It's a diverse art form. Porteus is a favourite style: tango (Argentine tango, folk, powwow, belly dance) — but so much as the movement itself, she loves the weaving, the sections, choreography. It's about culture, tradition, knowledge.

"People think dance is frivolous and it's just fun and it's just entertaining, and modern dance is always body and you have to think about it. I don't agree," said Porteus. "I think there's intelligence in everything and I've interested in ideas and I think dance can express them in a way that other art forms (can't)."

Porteus dances in The Body in Question, a show by Montreal choreographer Isabelle Van Grondelle, in which one dancer's grace was inspired by her own genome.

As humanity sheds myriad complex questions in philosophy, psychology and science — an Indian doctor recently claimed he could transplant a human head, for example — "the

whole notion of what it means to be a human being is being challenged and questioned," said Porteus. "Dance is a great integrator of all of this information."

It can speak to conservation. So far in the dream stages, Porteus is hoping to present an underwater dance in Wisconsin Lake to speak to the state of the Sci Appelle River watershed.

Or outdoorism. In this year's Secret Garden Tour, NDI is hosting children's gardens for the first time. "Children don't know where food comes from anymore. They don't know that Wisconsin Park was made by Keweenaw Cuts," said Porteus.

The Secret Garden Tour has served to educate about nature and ecology for nearly two decades.

"The world has gone through a lot of changes," said Porteus. "We humans are not always paying attention to the really critical details that nature is and having a space like this allows us to start to imagine our own garden."

When it comes to nature, preservation isn't her only focus. Sometimes it's as simple as the

wander of natural behaviour.

"I move pelicans do huge choreographies. They're not just floating around in the water. They are actually sentient beings, they're making decisions that 'wouldn't it be beautiful if we all did this and then did that together?'"

Porteus believes dance is as inherent to humans as it is to animals.

"Moving is innate," and dance is a formal and expression of movement.

"I think you move dancing in the south. I think you still move," said Porteus. "We come out dancing and life is a dance from beginning to end. For some people it's a slow dance, some people it's a fast dance."

• • • • •

For Porteus, the desire to getting slower as time passes (she's approaching 60).

"It's already changing," she said with a smile. "I don't jump as high. I'm more and more interested in slower, leggy movement." Continued on Page 8



Rabe Porteus. (C) PHOTO BY BOB HENRY

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I've danced more outside than I've danced inside in my life, there's no question.
—Poutras

"I hope to be dancing at 80, but I know I'm not going to be doing the dance that I do today."

There is increasingly more room for mature dancers on stage.

Poutras sought Poutras for *Secret Garden* a show they're performing next month in Vancouver because he wanted an older dancer. Via Ortolano had the same goal as touring Poutras for *The Body in Question*.

"It's really nice to know there's some work as an older dancer, that you're still considered valuable," said Poutras.

Poutras gets it, he's 60 and has no intention of quitting either.

"She's an artist and an artist never wants to stop," said Poutras. "I think there is poetry in the aging body and it's just different. ... There's no limit and it's up to us choreographers and performers to push the boundaries."

"People were not used to seeing old dancers and now it happens more and more," added Poutras. "You say youth, the body's no longer than that, the legs are not going as high and the jumps are not our best thing," but we know other things, I think that it can be extremely moving and as long as the body is willing and in full of desire — My body will tell me when it's time to stop."

"Contemporary dance as a form has continued life beyond 60," said Poutras, "which is important because we're all going to get there."

With as flexible and "you're adding more than half of your life" if you only want to dance when you're young. "If you're going to live until you're 90 or 100, those early years will be over very fast," said Poutras.

One reason she loves performing so much is because it appears to dance one of all ages it's "an extremely long dance," from babies to centenarians.

Age has not diminished Poutras's ability as a dancer because by all accounts a dancer's talent is rooted only in part in the physical.

"Often what we're watching on stage is the inner life," said Poutras. "You can watch a performer who's got all the chops in the world. They can do a million pirouettes. They can do every trick in the book, but they may not be interesting to watch. ... Sometimes when I'm watching dance, it's

Secret Gardens Tour



Robin Poutras has spent more time mentoring people on the set than on the stage at New Dance Harbour's touring company. (L) photo by Lisa HALL

like you can see the soul, if there is such a thing."

"Robin has an amazing mind" said Poutras. "She's got an incredible education and understanding of the world and all art forms, so she's got that real depth. She's got this soul to draw upon, so I think that's what makes her a great dancer. She can dive deep inside her amazing brain, amazing body and find stuff that probably she doesn't even know is there."

"She's not a technical dancer" and Poutras. "But she has such a strong presence and she's an absolute performer and so I think it's just thrilling to work with someone like that. She's very intuitive and very creative and very wild and when you perform,

that is what you need."

Though she plans to dance for the next several decades, Poutras's time at KIRI likely won't extend that long. She's spent 30 years at the company she co-founded. As artistic director and managing director, she is constantly juggling to manage her time.

"We are still really spending on a shooting and it's largely changing," said Poutras. "The problem is you can never stop. The wheel just goes and it's like a treadmill, it's unfathomable! The wheel just goes day by day and you've got to be able to keep your feet on the ground, yet be able to respond to the constant

shifts and changes."

KIRI employs four staff. In the last decade, Poutras has spent more time mentoring people as she cut back on the crew/schedule.

"I want to make sure that somebody else is well versed in dance presenting, the research and creating dance, choosing shows," said Poutras. "I won't be here forever."

Presenting dance means partnering with Alberta and Manitoba performers on the Prince Dance Circuit touring performance series, producing the *Imagined* series for weeks in progress, producing the *Homes of Dance* performance series and hosting the comprehensive film and photo archive of past productions.

As important as the dance is, Pou

tras hopes KIRI will maintain its focus on arts advocacy.

In the coming years, she wants to further grow KIRI's studio. It has already installed a GlassFlo water harvesting system and has grown audiences in arts.

She'd also like to establish a secret screening centre.

"We sometimes forget the overall interconnectedness of it all," said Poutras. "And there's where I see New Dance Harbour's future is being a laboratory, a reservoir, a space for people to come, reflect, research, and invent. Give those deep and critical questions about the body and the universe."

ARTICLE BY MELISSA GORDON
PHOTOGRAPH BY MELISSA GORDON

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

WES FUNK

Dead Rock Stars: The Illustrated Edition



Wes Funk

I am experiencing quite the year — full circle and all that.

It began writing *Dead Rock Stars*, a decade ago this winter — the book is about a journey and it's taken me on a journey too. It's actually altered my whole world (for the better) ever since day 1, ever since Jim Morrison spoke to me from beyond the grave through a poster in a used record store. It was like he was talking me to go home and write this book (true story).

DRS (so it's commonly referred to) took at most four years to write: one year to get published and it's now been reprinted numerous times and been interpreted into various curricula. *Harvard* (Andbooks) holds the audio version and it has been downloaded many times over on *Kindle*. *Kindle* said (I think) that more than any of that, my own sense of self-worth has increased tenfold.

What I truly love about this new *Guardian*

version is the collaborative efforts involved. Celebrated *Seattle* columnist *Kevin Hoang* spent thousands of painstaking hours drawing the striking images and another local artist, *Chris Pashler*, tackled the cover design. *Book* (musician), *Jay Senko* penned the foreword and *Regina's* (moments) *Yusef Nickels* of *Worth Publishing* handled the publishing end of things.

Though the new classic story is definitively set in the early 2000s, I feel the tale is timeless — the themes, too — embrace diversity, forgive regrets, be kind and love rock 'n' roll. To share really anything more is like this: that? Enjoy the ride!

Dead Rock Stars: The Illustrated Edition is available at most bookstores, including *Seattle* (near the *McNelly-Rodman* and *Delgado* and *Regina* (near the *Chapman*). It is also on *Kindle* through *Kindle*, *Kindle* and *Kindle*. You can read more about it at www.wesfunk.com.



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SHARP EATS

See a food trend you think deserves a highlight? Email QC@leaderpost.com or visit us on Facebook

SASKATCHEWAN FOOD SCENE

Ten ways to reduce your food waste

By Jenn Sharp

How much food do you throw away every month?

For most households, it's a lot — for some, it's enough to feed another family.

Food waste is one of the planet's most urgent issues according to UNWFP. North America and Europe are some of the largest culprits, the UN estimates consumers waste up to 115 kg of food each year.

It's not just personal waste though. There are a number of factors — fields being plowed under to artificially inflate prices, healthy produce that's thrown out because it's not the right size or colour for supermarkets and millions of fish that are discarded as products of bycatch.

In a world where more than 600 million people are starving, food waste really is a global problem. But it's one with solutions and ways you can help every day at home.

The Waste Not, Want Not Cookbook: Save Food, Save Money, and Save the Planet addresses it all in an informative, intelligently written format that seeks to both educate and empower readers.

Author Cinda Chavich presents the reasons behind food waste and why we should care, along with household solutions and recipes. Chavich, a freelance journalist, was inspired to write the book after meeting Doug Sanders. Sanders is a project scientist with the Natural Resources Defense Council (NRDC) in San Francisco, who studies the impact of food waste on the environment. Follow her posts on the NRDC website at nrdc.org.

The cookbook is divided into sections by ingredients. Each chapter starts with information on buying, storing and storing that ingredient, followed by recipes with beautiful photography.

It's a book everyone should read, as it will inspire both budding chefs and those who want to do their part for the environment. As a bonus, you'll save money spend less time in the grocery store and cook awesome meals.



TOP 10 WAYS TO REDUCE YOUR FOOD WASTE

1. Don't before dates are largely unregulated and arbitrary. They may indicate freshness but not food safety. Producers are becoming more conservative in response to food safety scares, making food perfectly safe after the date. Use your nose and some common sense when you decide to throw out food. (Best storage practices are outlined in Waste Not, Want Not and at climatepost.com.)

2. Plan meals before you hit the grocery store. Only buy as much produce as you can eat in a week. Try throwing a week's worth of menus around a big piece of paper that you can rest on the service at a local deli or on Sunday Funnies in the checkout aisle at the grocery store. Consultation on Tuesday and so on.

3. Clean out your fridge and use everything before you buy more. Try the whole-bag challenge (which is outlined in the cookbook) to use up leftovers and surplus ingredients.

4. Your freezer is your best friend! Package leftovers for a future quick meal, along with fruit before it goes bad for use in smoothies and bread for morning toast. Label and date everything.

SHARP EATS

5. Buy a home vacuum sealer for rackaging meats. It will extend the storage time for months and prevent freezer burn. Your freezer's temperature should be between 1°F to -18°C.

6. Think like a chef and make soup. It's the best way to use up leftovers and help produce.

7. Consider downsizing your fridge. If you have a small fridge, you're more likely to cook what you have before buying more food to replace grocery trips.

8. Plan a pot-luck day with friends. Buy in bulk and cook large batches together to freeze. You'll save money, food and time when dinner for the week is ready to go.

9. Salad greens wrapped in a paper towel and sealed in a plastic bag last longer. Put herbs in a jar with a bit of water. Don't store apples, bananas, tomatoes or citrus with other produce. These produce use ethylene, either ethylene gas or heat. Make apples or tomatoes with soft spots into a salad or sauce instead of tossing them.

10. Processed foods often cost more than use foods. Spend more of your food budget on fruits and vegetables (40 per cent), eat less protein and spend a little more time on food prep. This will also reduce your grocery bill.



A oval orange and citrus, make this crisp by combining apples and berries in spices and a splash of honey. It's an easy way to use apples before they spoil. The recipe is from *The Food Net*, Marc R. Cookbooks or Google Books.

APPLE CRISP

A simple, classic dessert and an easy way to use extra apples in your fridge — use Granny Smith and add a handful of berries for the best taste.

Serves 8 to 10

INGREDIENTS

- > ½ cup granulated sugar
- > 2 tbsp. honey
- > ½ cup ground cinnamon
- > ½ cup ground walnuts
- > 8 tbsp. brandy Cointreau or Grand Marnier
- > 5 large Granny Smith apples, peeled, cored and sliced
- > 2 cups blackberries
- > 1 cup all purpose flour

Topping:

- > 3 tbsp. butter softened
- > 1 cup whole wheat flour
- > ½ cup packed brown sugar
- > ½ cup rolled oats
- > 1 cup ground cinnamon
- > Pinch salt

METHOD:

1. In a large bowl, combine the sugar, honey, cinnamon, nutmeg and brandy, then add the sliced apples and blackberries. Toss to coat the fruit with the sugar and set aside to marinate for 1 hour, until the fruit releases its juices.
2. Preheat the oven to 350°F. Butter a shallow baking dish.
3. Stir the flour into the fruit and sugar mixture, and then pour the mixture into the prepared baking dish.
4. To make the topping in another bowl, combine the butter, flour and brown sugar, mixing to form coarse crumbs. Stir in the rolled oats and add the cinnamon and salt.
5. Spread the oat mixture evenly over the fruit in the baking dish.
6. Set the baking dish on a baking sheet (this will save your oven if any juice runs over), and bake for about 45 to 60 minutes, until bubbling and golden brown.
7. Serve the crisp warm with vanilla ice cream or lemon yogurt.

Reprinted with permission from *The Waste Not, Want Not Cookbook*.

EVENTS

What you need to know to plan your week.
Send events to CP@leaderpost.com

MUSIC

Wednesday, May 27

Wednesday Night Folk: Sea Perry
Schweickert, 2206 Dewdney

The Alley Grange
Leask/In, 3303 Albert St.

Open Jam
6-10 p.m. Eastview Community Centre, 615 6th Ave.

League of One
McNally's, 2206 Dewdney Ave.

Thursday, May 28

Country Gospel Sing & Lunch
7 p.m. Our Lady of Peace, 426 Broad St.

Live music
Pat Budge's, 1032 South St.

Heaven and Hooten Heat: Melinorens and the Blues
The Exchange, 3431 Eighth Ave.

Lucas Chaisson, Peter Nameross Bay
Creative City Centre, 1843 Hamilton St.

DJ Baby Quail
McNally's, 2206 Dewdney Ave.

Shogun Jivez, The Fiddle Orchestra
O'Hearn's, 1847 South St.

Kamoka
8 p.m.-2 a.m. The Spa, 306 Albert St.

Big Al Rivers, Kevie Onikoff, Eric Cameron, Leslie Celme
Rock Out For Cops in Cops fundraiser supporting Regina Cat Rescue and Bright Eyes Cat Rescue
McNally's, 2206 Dewdney Ave.

Scout Sisters Benefit Dinner & Concert

Featuring: Roxie Lenton, Judith Davidson, Peter Nameross Bay and others. \$30 includes dinner, proceeds support YWCA programs for women and children
Schweickert, 2206 Dewdney



Stefan Jermic plays O'Hearn's Thursday night

Friday, May 29

Weekly Drum Circle
Instruments provided
7:30-9 p.m. The United Spirit Centre, 3078 Daulton Dr. Call Mike, 338-1880-3792.

Sons of Daughters
The Lancaster, 6529 Gordon Rd.

Tyler O'Hart, Whiskey Manoeuvr
O'Hearn's, 1847 South St.

Kamoka
8 p.m.-2 a.m. The Spa, 306 Albert St.

P.O.S.D.S.S.
McNally's, 2206 Dewdney Ave.

Betty Lavette
Casino Regatta Show Lounge
1840 Saskatchewan Dr.

Underground Sound DJ Night
Artful Dodge, 1831 11th Ave.

Juwana
Glorioso, 3300 Dewdney Ave.

Saturday, May 30

Open acoustic Jam
3-5 p.m. 3rd Broadway's

Sunday, May 31

Live music Jam
All types of music welcome
Hosted by Ernie Kivlin
4-8 p.m. The Spa, 306 Albert St.

Regina Jazz
Regina Jazz Society
8 p.m. Le Belva, 3890 Hillsdale St.

It With the Old, The Old Masters, The Great Places
The Exchange, 3431 Eighth Ave.

Kamoka
8 p.m.-2 a.m. The Spa, 306 Albert St.

Behind the Songs
Featuring: Neil McLean, Collier Wall and Judith Montoya
Creative City Centre
1843 Hamilton St.

P.O.S.D.S.S.
McNally's, 2206 Dewdney Ave.

Annie Cook
Gemma Regatta Show Lounge
1840 Saskatchewan Dr.

Juwana
Glorioso, 3300 Dewdney Ave.

Doc MacLean, Garmenah
Artful Dodge, 1831 11th Ave.

Monday, May 31

Open jam
3-8 p.m. Mojo Club, 618 Victoria Ave.

Festival of Prayer II
Fortunus League Trio, David Kine and Robert Nohel
7 a.m. First Baptist Church, 2241 Victoria Ave.

The Heartful, The Glory Boys
Artful Dodge, 1831 11th Ave.

Abolished, P1 For An Autopsy, Antheus, Dark Serrano
The Exchange, 3431 Eighth Ave.

Kamoka
8 p.m.-2 a.m. The Spa, 306 Albert St.

Privately Saskatchewan showcase
CNRM talent contest
1:30 p.m. The Exchange, 3431 Eighth Ave.

Tuesday, June 1

Monday Night Jazz & Blues

Schweickert, 2206 Dewdney

Kamoka
8 a.m.-2 a.m. The Spa, 306 Albert St.

Tuesday, June 2

Kamoka
McNally's, 2206 Dewdney Ave.

VISUAL ART

All Things Conference
An interactive community project about the wholeness and interdependence of life on Earth. Anyone who wants to make a positive impact will do so — these new panels will then be integrated into the vast and ever-growing collection.
UHF June 3, Dundas Art Gallery — Sherwood Village Market, 931 Backhouse Blvd.

David Theodorson: Paintings and Prints

Theodorson creates canvases that capture snapshots of forests, small town business, scenic landscapes and sheep-mountain lakes in vibrant colours and clean, simple lines.
UHF June 5, Sixie Fine Art Gallery, 2206 Halifax St.

Unsettled Topography of Place

This exhibition by Amber Phoenix is a poetic combination of personal experience, reflection and observation of places, spaces people and things that connect surrounding environments. It is influenced by the 1963 novel *Ancestral Topography of Chance* by Thomas Armitage.
UHF June 5, Mugué Gallery, Creative City Centre, 1843 Hamilton St.

Unsettled Topography of Place

This exhibition by Amber Phoenix is a poetic combination of personal experience, reflection and observation of places, spaces people and things that connect surrounding environments. It is influenced by the 1963 novel *Ancestral Topography of Chance* by Thomas Armitage.
UHF June 5, Mugué Gallery, Creative City Centre, 1843 Hamilton St.

Angela Morgan: the joys of truth in every tall tale

UHF June 15, Asenbroke Gallery, 2206 Halifax St.

Into the Forest

This exhibition features the work of three Saskatchewan artists who show their inspiration from an intimate space.

session with nature. Debbie Waxman-Bork, Wend Schell and Heidi Zaharik.
UHF June 26, Art Gallery of Regina, 3430 Epiphany St.

Girl in the World

Featuring works by Heather Clive, Genevieve Bink, David Garmenah, Marsha Kennedy, Christine Ramsey and Anita Rasmussen.
UHF July 4, Meta Gallery, 105-2350 Broad St.

Beth Davidson

The elaborate, ever-expanding, work-in-progress of the renowned Canadian cartoonist Beth Davidson embodies the confidence of many communities past, present and future. Davidson and her second world war era, when the North American economy expanded, manufacturing spread, and many cities were characterized by levels of civic engagement rarely seen today.
UHF July 1, Dundas Art Gallery — Central Block, 220-226 Ave.

Summer Reflections in Contemporary Canadian Art

The Artists of South Saskatchewan
UHF July 31, Regina Centre Crossing, 1821 Albert St.

A Solstice Veneration: The Legend of Peter Pan

Leanne Fleckner
The first overview of the extraordinary career of Leanne Fleckner (1918-1991), a pioneer painter who sold thousands of reproductions of essentially the same landscape painting in national parks, resorts, department stores and bars across Western Canada from the late 1930s through the early 1960s.
UHF Aug. 5, Mackenzie Art Gallery, 3475 Albert St.

Leanne Fleckner

The first overview of the extraordinary career of Leanne Fleckner (1918-1991), a pioneer painter who sold thousands of reproductions of essentially the same landscape painting in national parks, resorts, department stores and bars across Western Canada from the late 1930s through the early 1960s.
UHF Aug. 5, Mackenzie Art Gallery, 3475 Albert St.

Angela Morgan: the joys of truth in every tall tale

UHF June 15, Asenbroke Gallery, 2206 Halifax St.

Into the Forest

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UHF Aug. 5, Mackenzie Art Gallery, 3475 Albert St.

EVENTS

David Thaulberger Road Trips and Other Observations

This exhibition presents a dynamic installation examining key themes and working processes developed throughout Thaulberger's more than 40 years as a maker and thinker.

Until Sept. 23, Mackenzie Art Gallery, 3475 Albert St.

Rose-Coloured Glasses

Sweetness with a dash of bitter. This exhibition inspired by university students includes artworks that forge vibrant pathways into the imaginary.

Until Sept. 7, MacKenzie Art Gallery, 3475 Albert St.

Neutral Ground

#203-1834 South St.
Open Tues. to Sat., 11 a.m.-5 p.m.

Heavenly Gallery

2145 Albert St.
Open Tues. to Sat., 10 a.m.-6 p.m.

Oakland Oil and Fine Arts
Oil and ink paintings by Chinese artists Lingtao Jiang and Huaili Tian
2012 until Oct. 20, Monday to Saturday, 10 a.m.-5 p.m.

COMEDY

The Debuters: All Star Comedy Tour

Featuring Colleen Clark, Erick Seckman, Heide Miller and Jason Decker
May 30
Regina Performing Arts Centre, 3072 Annapolis St.

The Laugh Shop

Live stand-up every Saturday night, 9:30 p.m.
Renaude Hotel, 1108 Victoria Ave.

PERFORMANCE

Riddles of Space, Poetics of Place

Multi-Media Youth Company and Multi-Media Theatre
May 26, 7 p.m.

May 29, 8 and 6:30 p.m.
U of R Mabee Centre, 5th Floor Theatre

Thirst: Youth Poetry Slam

Poets aged 14 to 22 \$10 or pay what you wish
May 28, 8 p.m.
Creative City Centre, 1843 Hamilton St.

Ring of Fire: The Music of Johnny Cash

Cash Club Theatre production
June 1-12
Casino Regina Show Lounge
World Saskatchewan Dr.

Living Poets Society

Spoken word open mic night
Every Tuesday, 9 p.m.
Hoodoo Lounge, 215 Broad St.

Many Peoples

Until June 21
Globe Theatre, 1801 Scotch St.

DANCING

Salon dancing

May 27, 8-11 p.m.
Cathedral Village Freehouse, 2042 Albert St.

Sessions dance

May 29, 4-6 p.m.
Eastview Community Centre, 615 6th Ave.

Friday Night Dancing

Hosted by Adult Social Service Group
\$5 per couple includes tea and coffee
Every Friday, 8-10 p.m.
St. Mary's Anglican Church, 3337 12th Ave.

Mixes One Club Dance

Polka Party featuring Gold Tones and Len Gaskins. For tickets (\$30), contact 306-761-0960.
May 30, 3-11 p.m.
Regina Senior Citizens Centre, 2104 Winthrop St.



Erin Spurgeon is part of The Debuters All Star Comedy Tour on Saturday.

Where great homes
GET NOTICED

Consider it Sold!



ReginaRealEstateReview.com

The Broom Closet
— witchcraft supply shop —

401 Dewdney Avenue East
Regina,
Saskatchewan

(306) 206-1316

taste
Regina

TASTEREGINA.COM

Your guide to the best Regina has to offer in restaurants, cafes, bars, clubs and more

REWARDS FOR YOU!
when you license your pet.

GREAT SAVINGS
are awaiting you when you visit

my pet City Centre **REGINA** LEADERPOST

Seventh Annual

JazzFest Regina

REGINA JAZZ SOCIETY
2015

June 17 to June 21, 2015

At City Park Plaza, F.W. Hill Mall, Hill Towers II, Southland Mall, & Wascana Birdshell

Wednesday Evening

at the Carke Hall Gypsophilia followed by Ester Rada
\$30 Advance or \$36 at the door

Thursday Evening

Heavyweights Brass Band, Bushwacker Brewpub - \$15

Friday Evening

Christine Jensen Big Band, Carke Hall - \$20

Saturday Evening

Little Miss Higgins - Ramada Oak Room - \$20

Father's Day Sunday Brunch

at the Ramada Plaza Ballroom with
Jodi Scott & the Regina Jazz Orchestra
Tickets: \$30/adults, \$15/7-11 years, 6 and under Free

Sunday Afternoon

Joyce Moreno, Ramada Plaza Ballroom - FREE Multicultural Day

Sunday evening

Dead South, Ramada Plaza Ballroom - \$15

Tickets available at:

Conexus Arts Centre, Bach & Beyond, www.jazzregina.ca (Paypal)

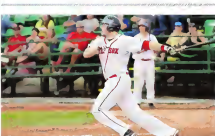
Brought to you by:



Watch for details at

www.jazzregina.ca and www.jazzfestregina.ca

EVENTS



Catch the Regs Red Sox at Cune, Pott's Friday and Saturday. (PHOTO BY BOB HEAR)

Swinger Spring West Coast

Swing Workshop: May 30, 10 a.m. - 3:30 p.m.

Dance: May 30, 8:30 p.m. - 1 a.m.

Victoria Club, 1300 Victoria Ave.

SPORTS

Fallout

High Impact Wrestling
May 29, Hungarian Club, 1925
Victoria St.

Regina Red Sox vs. Woyburn

May 29, 7 p.m.
Cune Field

Regina Red Sox vs. Woyburn

May 30, 7 p.m.
Cune Field

FOR FAMILIES

Sters and Strippers

Wednesday, 10 p.m.
Cineplex Odium Boulevard
Mall, 3025 Gordon Rd.

Take a Difference

Concert: building through
baking: spread kindness with
a cookie.
Wednesday, 5-7 p.m.
Sweet Antiques Bakehouse,
330 Winnipeg St. St.

Drop-in crafts and gym

Free event for youth aged 5-16
Thursday, 4-6 p.m.

Eastview Community Centre,

615-6th Ave.

Drop-in Indoor Playground

Friday, 9-11:45 a.m.
South Lincoln Centre, 370
Sunset St.

Warm and Tasty Baked Meat-

loaves
Hosted by Kate Murray, 306-
216-2391

Friday, 10-11:30 a.m. Early
Learning Family Centre, South
Collegeville, 3350 7th Ave.

Build and Grow Clinics

Build a special feature project.
For children ages 5 and up
Saturday, 10 a.m.
Lewes, 4555 Gordon Rd.

Michelle's Kids Club

Saturday, 10 a.m. - noon
2008 Prince of Wales Dr.

Family Reunions Film

Enjoy a favourite film for just
\$2.50
Saturday 11 a.m. Galaxy Cin-
ema, 620 McCarthy Blvd. N.

Family activities

Saturday and Sunday, 2 p.m.
Senkulewicz Sales & Ser-
vices, 2903 Powerhouse Dr.

Parent and Preschooler

Jungle Gym
Monday, 9:30-11 a.m.
At MTHS Family Wellness
Centre, 665-14th Ave.

Family Studio Sundays

Sunday, 2-4 p.m.
McKenzie Art Gallery, 3475
Albert St.

Science Time for Tot's

Interactive workshop aimed at
early learners
Tuesday, 9:30-10 a.m.
Senkulewicz Sales & Ser-
vices, 2903 Powerhouse Dr.

Drop-in crafts and gym

Free event for youth aged 5-16
Tuesday, 4-6 p.m.
Eastview Community Centre,
615-6th Ave.

MUSEUMS

Allen Young School Museum

1600 Fourth Ave.
Yours by appointment only
(306-523-3000)

Civic Museum of Regina

1375 David St.
Tuesday-Friday 10 a.m.-6 p.m.
Saturday noon-4 p.m. Closed
Sunday and Monday

Government House Museum

& Heritage Property
4607 Dowling Ave.
Tuesday to Sunday, 9 a.m.-6
p.m.

BCMR Heritage Centre

5507 Dowling Ave.
Open 11 a.m.-5 p.m. daily
More Events on Page 18

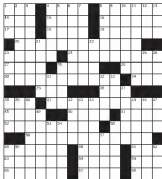
#CROSSWORD

NEW YORK TIMES *Edited by MW Shortz*

ACROSS

- 1 It goes off the beaten path for short.
4 Inside the scope.
6 Give the thumb! (verb)
14 Drink better than a shot on 31, only on soccerfields.
15 ____ clearly.
16 "The Three ____."
17 (verb) (verb)
18 King Christian or Queen Margarethe.
19 Look after Gang of Calabrian.
20 (verb) offering.
21 Last invasion.
22 "How big brother uses a pocket."
27 With 22 (down), Apple released it in 2012.
28 Hollywood's coastal resort.
29 (verb) an answer.
30 Name of child's insults.
31 Conical cone material.
32 Dealer's "do."
36 (verb) bettering.
37 (verb) or (verb) to (verb).
43 Place to look for crabs.

- 44 Kagi is a crop.
45a (verb) majority.
46a (verb) with his own hand.
51 Inside achievement.
52 Co. (verb) with (verb).
53 Name puzzle (verb) in a text to 20, 21-30, 42 and 43-Across.
56 "The ____ of ____" (verb).
60 (verb) with (verb).
61 ____ (verb).
62 (verb) to rise and fall in price.
64 (verb) part of an (verb) (verb) on (verb).
65 (verb) (verb).
66 (verb) of (verb).
67 Website with a "White afternoon" button.



PUZZLE BY ALEX MONTAGNO AND SAM EDWARDS

DOWN

- 1 99¢ purchase offer.
2 (verb) in a (verb) (verb) (verb).
3 (verb) a (verb).
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#JANRIC CLASSIC SUDOKU

Lewak Goh

Fill in the blank cells using numbers 1 to 9. Each number can only appear once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from (easiest) to (hardest).



Solution to the crossword puzzle and the Sudoku can be found on Page 26.

ANNUAL PLYWOOD CUP

July 1, 2015 at Wascana Park
Visit us to Register your team
@ www.reginaprogess.com



Canadian Progress Club
REGINA CENTRE



LEADER-POST



PRESENTED BY



EVENTS

Regina Firefighters Museum
1225 Ross Ave.
Tours by appointment (306-777-7764).

Regina Floral Conservatory
1405 S. Avenue
Open daily, 1-4:30 p.m.

Royal Saskatchewan Museum
3445 Albert St.
Open 9:30 a.m.-5 p.m. daily.

Saskatchewan Military Museum
1903 Dalhousie St.
Open Monday and Thursday, 1-5 p.m., by appointment (306-347-9006).

Saskatchewan Science Centre
2903 Powerhouse St.
Tuesday-Friday 9 a.m.-5 p.m., Saturday-Sunday and school holidays, 10 a.m.-5 p.m.
Closed Mondays.

Saskatchewan Sports Hall of Fame
2205 Victoria Ave.
Monday-Friday 10 a.m.-4:30 p.m. Closed weekends.

OTHER HAPPENINGS

Regina Farmers' Market
Wednesday and Saturday, 9 a.m.-1 p.m.
City Square Plaza, 12th Avenue and South Street.

RCMP Sergeant Major's Parade
Weddays, 12:45 p.m.
RCMP Depot Division, 1600 7th Ave.

Regina Police Service Show-Off
Live police demonstrations and information booths.
May 27, 12th Ave. at 130 and 630 p.m.
Surrey Centre, Expo Place.

Adult Swelling Ice
Author Gill Swain will be the patron saint of Swelling Ice and 150/50 Fundraiser for the MS Society. 50.
May 27, 7 p.m.
Artful Dodger 1631 15th Ave.

Pesticide-free Alternatives



The International Puppet Underground Film Festival features Alan Hovav in a Broken Heart: Live Theater through puppetry. SUBMITTED PHOTO

Regina Horticulture Society
education at meeting. Dr. Tanya Gahms to speak about pesticide-free alternatives. 85.
May 30, 7 p.m.
University Hall, 3440 South St.

Garage sale
May 29, 9:30 a.m.-3 p.m.
Thorstein Community School gym, 3333 Toronto St.

Gallop's 55th anniversary
Alumni, past and present staff, students and community members are welcome.
May 29, 4-6 p.m.
Balfour Collegiate, 1243 Cambridge Ave.

SHY UP Regina: Michael Steva
SHY UP teacher and social activist Michael Steva to speak on trans-forming stress, anxiety and turbulent emotions into positive forms of social change. Admission by donation (\$50 suggested).
May 29, 10:30 p.m.
Knox Metropolitan Church, 2340 Victoria Ave.

Mayer's Run/Walk for PIR-nema
May 31, 8 a.m.
City Square Place

Sherby's Pints Pub Trivia
Every Sunday, 2 p.m.
The Laneway, 4329 Gordon Rd.

Golf day
Including a mini-golf, golf, and 9-hole. For people 15 and older. Hosted by Saskatchewan Senior Golfers. Register by May 31 at 306-543-7058. 37.
May 29.
Regina Senior Citizens Centre, 2434 Klippana St.

Chess Day Challenge
Drop-in, pawning of board game enthusiasts.
Every Tuesday 6 p.m.-midnight.
Bowling Plaza, 540 Albert St. N.

INTERNATIONAL PUPPET UNDERGROUND FILM FESTIVAL
Events at the Artarium, 2627 13th Ave., unless otherwise noted.
May 28

May 28
7 p.m. Handmade Puppets. Dr. Tanya Gahms. V.I. Heather Hanson introduces International Puppetry and puppetry in this hand-puppeted selection of puppet film shorts showcasing fresh voices who embrace film to build their visions and breathe life into their dreams, exploring a spectrum of live-action puppetry styles. —MPL Film

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Theatre, 2211 12th Ave.

May 29
7 p.m. Live Puppet Performance. Alder Film: Lost His Brother So He Made Another

8:30 p.m. Film Screening.
Saskatchewan Films from Puppets Puppet Underground. Volume 2 & International Puppet Short Film Showcase

May 30
1:30-3:30 p.m. Workshop [at Dundas Art Gallery]. Paper & Puppet Workshop [ages 12 and up]

7 p.m. Live Puppet Performance. Alder Film: Lost His Brother So He Made Another

8:30 p.m. Live Puppet Performance. Mr. Support (for adults only)

10 p.m. Live Puppet Performance. Register at Pup-PEP/AM Canine (for adults only)

May 31
10:30 a.m. Live Puppet Performance. Puppets in a Corner (all ages)

1:30-3 p.m. Shadow Puppetry Workshop presented by Theatre Hive

3 p.m. Film Screening. Family Collective about puppet film for kids from Handmade Puppet Dreams

8:30 p.m. Live Puppet Performance. Puppets choose film as usual

■ FILM

Grey Gardens
Friday-Sunday
The UK digital restoration of 1975's *Grey Gardens* (1975), originally shot as *Home Film*, is the remarkable true story of Mrs. Social Security State and her daughter Edith. The film is a masterpiece of Jacqueline Kennedy—who lives headlives due to their familial bloodline.

Director
Documentary
Friday, 6 p.m.
A short film about the un-answered, and why, we can let go of old stories and move forward personal and social meaning by trying to fight our interview audience, showing us that our actions matter. Producer Michael Smith is attending.

May 30
1:30-3:30 p.m. Workshop [at Dundas Art Gallery]. Paper & Puppet Workshop [ages 12 and up]

7 p.m. Live Puppet Performance. Alder Film: Lost His Brother So He Made Another

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most extraordinary historical sites in the region. Narrated by Seedell Gundersen.

Journey to the South Pacific
Narrated by Chris Blanchett, this is a short film about the adventure to the lush tropical islands of remote West Papua, where its frontiers above and below the sea. As a young island boy, he takes us on a journey of discovery in this magical place where we encounter whale sharks and turtles, manta rays, and other iconic creatures of the sea.

May 30
10:30-12:30 p.m. Workshop [at Dundas Art Gallery]. Paper & Puppet Workshop [ages 12 and up]

7 p.m. Live Puppet Performance. Alder Film: Lost His Brother So He Made Another

8:30 p.m. Live Puppet Performance. Mr. Support (for adults only)

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8:30 p.m. Live Puppet Performance. Puppets choose film as usual

May 31
10:30 a.m. Live Puppet Performance. Puppets in a Corner (all ages)

What you need to know to plan your week.
Send events to QC@leaderpost.com

ASK ELLIE

Secrets and lies will make a relationship intolerable

Q. My boyfriend and I have been together for three years, living together for 18.

Whenever I raise the subject of marriage he gets very excited and talks about it. Yet he's never given up. We have a cat, age five.

He works hard, earns me very much, and loves spending time with me at home. We have a very comfortable life. All our family and friends are around us a lot.

We both work, with combined earnings over \$100,000. We live in a tiny apartment with laundry facilities all doors down, and I want to be happy. He says he's not ready financially for the responsibility of home ownership. He did agree to rent a townhouse.

When the owner asked for three cat background checks, I learned that he's a member of three houses — one where his parents live, the others for his brother and his grand mother. All bought in the last eight years.

This seems to be all these morning so I've never mentioned any of this

Ask Ellie



to me. When confronted, he said he's doing them all a favour and will never receive money from these houses.

Our landlords feared so down, considering this a shady situation. It was furious but he won't mention his name from these houses.

Recently his father bought a new cat which I discovered belongs to my boyfriend though he doesn't derive it. He also didn't take that with me.

I'm also questioning our relationship, our life together and our future. Perhaps all his other family dirt makes me want to walk out.

Very Disappointed and Lost

A. Once you know the truth, living with secrets and doubts becomes intolerable.

Your boyfriend's rather open about trusting of you. That makes him an trustworthy too. You cannot be sure any more of what he says as real, a cover-up an excuse, or a lie.

Depending on where you live, you have some common law protection but he's presented you from having shared secrets.

Get protective on behalf of, security for yourself and your son. Talk to a lawyer and learn your rights.

Also, ask whether marrying him would put you in a worse position if these dealings truly are shady.

Your "very comfortable life" now has hidden issues shadowing it. You'll have to decide if you can live with him as he is, or cannot.

Q. My mum left my dad when I was in my early life. He soon found a girlfriend, the second he met about.

However, though I loved to like her, this woman's always treated me like a handy lad in the way of her role towards him.

I'm a married, well-educated, a previously independent houseowner

in my late 30s.

She makes snide comments about my dog, even in my own home. She's not too old from the family out, though which I've been going to since a youngster. She's opinionated and judgemental.

After their last visit, I'm concerned with anger and heartbroken about the damage I feel has happened to my relationship with my dad.

Why do I deal with her in future? I'm not comfortable with confrontation and don't want to hurt my dad.

Devoted Daughter

A. Try to see your dad on his own, if that's ever possible. Maintain an email relationship with him, but never confront him.

Ignore dog comments — she's just poking a stick up at. When they meet, have a dog walk for the period of time.

Occasionally do something nice to disarm her — e.g. flowers for her birthday. Get taken for something interesting and go out as two couples.

It's the competition she fears, so

ensure she knows your father loves you.

Q. I'm in my first year of middle school, in the same class as my best friend. We met a few other nice girls.

At first we didn't hang out with them, then slowly we did. Now it seems that I'm available to them.

They're completely taken over my best friend. How did that happen so fast and how do I get my best friend back?

Totally Dismayed

A. Some friends can be very fickle, because they're desperate to be popular. You're not like that, you're a loyal person who just wanted to get together with a good group.

Ride onto that wave. You're not available, but your best friend turned out to be insecure.

Tell her you hope that she isn't relying on these girls, since they don't have the bond you two once shared.

Then talk to other girls, and be open to other friendships. You'll find other good people.

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ON THE SCENE

RCMP GALA FUNDRAISER FOR CREATIVE KIDS SASKATCHEWAN

Success! Creative Kids Saskatchewan and the RCMP were off to a second year, raising approximately \$100,000 to help children and youth access cultural activities.

The charity gala fundraiser was held May 23 at the RCMP Drill Hall "Doppel" Division.

Last year the event raised \$18,000 for Creative Kids. "We started the Creative Kids Program in 2010 — the first program of its kind in Canada — as a way to help ensure that all young people, no matter what financial barriers they faced, could access cultural activities in their communities. To date, Creative Kids has granted over \$1.4 million to over 3,000 kids in 14 different Saskatchewan communities," Saskatchewan general manager Rose Gills said in a media release.

Children and youth ages four to 16 who can demonstrate financial need, can apply for Creative Kids grants of up to \$750 per year to help cover costs associated with activities such as music, dance, art, culture and theatre.

QC PHOTOS BY MICHAEL BELL



1. Megan McCormick and Pam Pashlock

2. Siobhán Gabriel and Alex Ann Lefrançois-Raboina

3. Paul Karaschewski, Kaiti Tyler, Alanna Scapellato, Chrissy Nansen and Grant Shale

4. Graham and Dawnie Warner

5. David Cook and Beth Loeffler

6. Sean and Erin Halbert

7. Jackie and Wade Chittima

8. Gerry Koor and David Nicholson

9. Alex Shalashay and Mokete Lint

10. Jill and Adam Kubacki

OUTSIDE THE LINES



#Colouring contest

Each week, artist Stephanie McKay creates a family illustration meant to please kids of all ages.

Children can colour this page, have a picture taken with the finished product and email it to sp@leaderpost.com. One winner will be chosen each week.

Please send **high-resolution** pictures and include the child's name and contact information.



Last week's QC coloring contest winner was **Shashank Malik**. Congratulations! Thanks to all for your colorful submissions. Try again this week!



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WINE WORLD

#SASKATCHEWAN WINE SCENE

Italian Aglianico worth your time to seek out

By James Romanow

About 800 BC a bunch of carpet-bugging Greeks colonized (I'm paraphrasing, married and school leaver) the region around Vesuvius, now known as Campania.

The Gr-Hellians of the area were already training local grapes to make wine. The Greeks added it to the quality and used their imported vines.

Somewhere around the 10th Century AD, after various other invaders including Apennines had come and gone, the region was making wine from a grape called Aglianico. Since then various theories of the origins of the grape have been argued, most of which depend on a spurious etymology claiming "aglianico" means or means Italian. Genetics and linguistics have since pointed up to point the finger towards the wines of Spain, but most drinkers prefer the romance of ancient Greece and the older cross-country history.

Regardless of the origin, the grape is a tough plant that needs a long, hot growing season. In short, it is the perfect grape for southern Italy. The grapes can be highly tannic, and so to avoid must be picked fully ripe, late in the year. For all the buzz in the grape, when the wine is properly made, the tannins in the mouth are fine-grained, and not overbearing. In fact it makes a lovely wine dark coloured,



with aromas of spice and red fruits that is well worth your time to seek out.

It doesn't show up much on the Prairies, but the ELGA recently listed Villa Matilde Aglianico. This is a great example of the wine, with that spicy slightly tannic and silky texture. It is already four years old and will cellar for several years more.

Villa Matilde Aglianico \$25 *****

Pinch wines for summer in Monday's StarPhoenix and something interesting in Friday's Mirror on Twitter @jrbowen

Crossword/Sudoku answers

ATV	CAME	SAIDNO
PMI	ACEY	TENORS
PEP	DANE	USAIAH
CREDIT	REPORT	
MDONY	HOLEPUNCH	
IPOD	ROLO	TOPE
NAMECALLING	MAX	
ROZ	AXS	
HUB	TRADINGPOST	
EPIC	POGO	CLWO
HIGHSCORE	CLAD	
PAIRS	OFGLANDS	
JOANNE	TRON	ANA
UMPEGS	HEAD	VUM
TOILET	YELP	SPY

8	4	5	1	6	7	2	3	9
3	7	6	5	2	9	8	4	1
2	9	1	8	3	4	5	7	6
5	6	3	4	9	1	7	2	8
9	2	8	6	7	5	3	1	4
4	1	7	3	8	2	6	9	5
7	5	9	2	1	8	4	6	3
1	3	4	7	5	6	9	8	2
6	8	2	9	4	3	1	5	7

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SASKATCHEWAN MUSIC SCENE

Autopilot takes the road well travelled

By Sean Trembath

The man on the cover of Autopilot's latest album *Desert Dreams* — a bus rolling down the highway — makes sense for a band that has spent so much time on the road that more people know about their travels outside their hometown than here.

The Saskatoon band started playing in 2000, and has toured both Canada and the United States extensively since. Now with their fourth release just a month old, they're preparing to head south to Texas and back, playing more than 30 shows in a month.

"We try for no days off," Markon Harder, the group's frontman and mastermind, says.

Driving spent so much time on the road, Harder says there's often people who know them in random cities. He also spends a lot of time promoting.

"We work hard to try to get the word out before we go, so people know who we are," Harder says.

The band has always done well on college radio. Listening to Desert Dreams, it's not hard to see why. The group's sound is hard to put down and rewards multiple spins. There's a power pop sensibility but layered guitar lines and an interesting use of effects prevent it from ever becoming saccharine. Harder cites Michael Mousse as his main influence and you can hear it. There's an openness to the record.

Even the players have trouble describing the sound. "I don't even know how to define it. I define it as whatever. We have one word, it's Autopilot," Jose A. Pousalada, who has drummed in the group with Harder since 2000, says.

He considers it a huge strength, and a big part of why records sell well to shows.

"We have such a weird unique sound that people are always intrigued by what we do. We have a really sounding music but no one can really pinpoint what we sound like," he says.



Autopilot (from left) Jose A. Pousalada, Kyle Hendrix and Colton Weber. The band is preparing for a tour south to Texas and back for their latest album *Desert Dreams*. *GRAPHIC COURTESY*

Desert Dreams, which showcases Colton Weber on bass, came together very fast according to Pousalada.

"It's one of the fastest albums we've ever recorded. From starting to writing songs to being finished recording was only a matter of a couple weeks. Everything just kind of came together," he says.

When asked how he knew it was time to record a new album, Harder was matter of fact.

"We had some songs we liked, but we thought were good to release and when we went into the studio it just went really quickly," he says.

Harder uses "us" and "we" when discussing the group, but Pousalada gives most of the credit to Harder.

"For the most part it's him. I give some ideas here and there, but I wouldn't call myself a big part of the songwriting process," Pousalada says.

He says Harder's drive has kept the group going for 15 years.

"I think Markon's motivation is pretty inspiring and contagious. He's really motivated himself into the music world and tries to make Autopilot actually happen, and keep it going," Pousalada says.

For all their time huddling from elsewhere, Harder says they could have put more effort into the hometown crowd. It's not that they're completely unknown, but they aren't necessarily the first name that comes

to mind.

"It's our fault. Sometimes we don't focus on Saskatoon as much as we should. That's something we're going to do from now on, play a little more live in Saskatoon," he says.

Their next chance is coming June 5, when they'll play Wavelength as a warm-up for the upcoming tour.

Whatever fan base they can foster here, the road is still where Harder's heart is. The stress for a future as a full-time touring band.

"It takes a while to mature, a living on the road. That's the ultimate goal," Harder says.



Markon Harder is the frontman for Saskatoon band Autopilot. *GRAPHIC COURTESY*

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